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After care for cosmetic tattoo procedures

To ensure you get the best out of your new tattoo and speedy healing, please ensure you follow the after care information. Failure to do this can affect the length of time the tattoo takes to heal and also the length of time your colour will be retained. Healing takes around 7 – 10 days. Be patient; you cannot speed this process up! Some skin may take a little longer to heal, but following these tips will help you get the best for your skin and tattoo.

With all Cosmetic Tattoos the colour will appear 20 – 30% darker for the first few days and, due to slight swelling, your tattoo may not look straight. After 5 – 7 days the swelling will subside and the colour will settle. Any imperfections will be corrected at your perfection treatment 4 – 6 weeks later. You need the second treatment for all cosmetic Tattooing!

With all procedures, it is important that you **do not rub, pick or pull** at the area while it is healing. If the area becomes itchy, apply more Bepanthen. At night, I recommend using satin pillow slip to avoid skin catching on fibers.

Your tattoo **must** be kept moist. This will take around 5 – 7 days. After 3 hours of your tattoo completion, you will need to apply a thin layer of Bepanthen cream (available at a Chemist or local supermarket) to your tattoo 3 – 5 times per day. Ensure your hands and working space are clean before you begin. **Remove the previous application CAREFULLY with damp cotton wool** – do not rub. Dab dry with a clean tissue. Gently reapply a thin layer using a new, clean cotton bud. **The cotton wool must be damp not wet! Or else it takes out too much colour.**

Avoid direct water on the area (swimming/spa/showering) for 5 – 7 days during healing. Those in areas with chlorinated water will need to be mindful of this when showering. My advice is to continue avoiding direct contact even after healing is complete to help prolong the life of the pigment. When shampooing your hair, please shower & take shampoo off backwards to avoid chemicals on your new cosmetic tattooing.

I recommend that you avoid using products containing Retinol or Glycolic Acid as these may affect the colour of your tattoo. I strongly recommend that you use Image sunscreen daily to preserve and protect your tattoo. I stock these products and can recommend the correct one for your skin.

Eyebrows: To help preserve the colour of your tattoo, I strongly recommend that you apply a layer of Vaseline before swimming or entering a spa to protect the area from the lightening effects of Chlorine. No makeup, sunscreen or cleanser during the healing phase. Please just use Bepanthen

Eyeliner: Use a pointed cotton bud for easier application of Bepanthen. You will be able to reach closer to the lash line. No mascara or false lashes while the tattoo is healing.

Lips: You can keep the lips moist using lipstick (not matte) or lip gel. Please use a straw for all drinks for 10-days afterwards. My advice is to apply Bepanthen at night. Avoid spicy foods and acidic fruits (ie grapefruit, kiwifruit, oranges, mandarins) for 3 days.

If you have any questions or concerns, please contact me immediately. Your homecare is critical to the success of the cosmetic treatment ~ please follow these instructions.

Your homecare is 70% of my work. Please follow it closely. No flaking of the pigment as it takes the colour out!! Just use Bepanthen

